

Events held in



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Judo with a record medal rush

The venue of Judo was Nippon Budokan, which was used for the same sport in the Tokyo 1964 Games. In the Olympic Games, Japanese athletes made a remarkable breakthrough with nine gold medals, the largest number ever won by individuals. They include Shohei Ono, who won a second consecutive Olympic gold medal in Men's 73 kg. With one silver, one bronze, and the silver medal won by the Mixed Team, a total of 12 medals went to Japan. In the Paralympic Games, Yujiro Seto in Men's 66 kg category and Kazusa Ogawa in Women's 70 kg won bronze medals, respectively.



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Karate that made its Olympic debut

Karate, which is said to have originated in Okinawa in the Ryukyu Kingdom era, was adopted as an official sport for the first time. Its venue was Nippon Budokan, the sanctuary of martial arts. Ryo Kiyuna, who boasts unmatched strength, won the gold medal in Men's Kata, becoming the first champion. Kiyou Shimizu won the silver medal in Women's Kata and Ryutarō Araga won the bronze in Men's Kumite +75kg.

Strong showing of Japanese athletes Weightlifting (Olympics) Powerlifting (Paralympics)

The venue of Weightlifting and Powerlifting was Tokyo International Forum. In the Olympic Games, Mikiko Andoh came from behind and won the bronze medal in Women's 59kg. This means that a Japanese athlete won a medal in this sport in the third consecutive Olympic Games, following the London 2012 Games and the Rio 2016 Games, where Hiromi Miyake won a silver medal and bronze medal, respectively. In the Paralympics, Hajime Ujiro 6th prize in Men's 72kg and Chika Sakamoto won 8th prize in Women's 79kg, having competed well with athletes from other countries.



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