# The Chiyoda International

#### Spring

Enjoy

the 2022

International

**Cultural Exchanging Event** 

**Exhibition & Shops** 

**Workshops & Performance** 

Venue: the Citizen Gallery

(Chiyoda City Hall 1F)

Fees: admission free

There is a material fee for some workshops. (See Page2)

Chiyoda City is a diverse area where history and culture coexist in a world of excitement and tradition. Centrally located among Tokyo's 23 wards, the city is brimming with character and unique attractions, mixing in the Imperial Palace and modern architecture, the heart of Japanese politics and many embassies. Taking advantage of this unique character, we hope to create a chance to exchange cultural experiences in cooperation with fourteen embassies, a diplomatic mission and two cultural facilities located in Chiyoda City. Introducing various inspiring cultures to the residents, tourists and visitors, we hope more people have good time in Chiyoda City.

For more details; see page 3 and 4

(Cover Design / Washi Art by Keiko. N)

Edited by; Chiyoda City the International Peace and Gender Equality Division

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#### Treasure Hunt in Kitanomaru Park

Open every day: from 8:00a.m. to 10:00p.m.

This is a park across the roadway from Kitahanebashi Gate of the East Garden. This garden was once the private domain of the Imperial family. In old Edo era, the living quarters for the widows and mothers of Shogun were there. In honor of the Emperor's sixtieth birthday, it was opened to the public. There are thousands of species of plants and trees, shrubs and flowers are at their peak. The Science Museum and The Budokan martial hall are located in this park.



This garden is a wild bird sanctuary and many trees with berries have been planted to encourage wild birds to nest. Location: 1-1 Kitanomaru-Koen, Chiyoda-ku, Tokyo 102-0091 Phone (Garden Office): 03(3211)7878

URL: http://www.env.go.jp/garden/kokyogaien/1 intro/his 08.html

Parking: The 1st, 2nd and 3rd Parking Areas are available Phone: 03(3212) 2321(Closed on January 1st)

# The arrival of spring means the arrival of new tea

May 2<sup>nd</sup> is" Hachijuhachi Ya", which literally means the 88<sup>th</sup> night since the beginning of spring (on Feb 4<sup>th</sup>). It is the peak of tea picking season. The new tea leaves picked this day is believed to be the best tea of the year.

Tea is the most popular beverage in Japan. There are many different kinds of tea such as Sencha, Gyokuro, Karigane, Gemmaicha and Matcha Tea. Green tea contains vitamins and is good for your health. Since this is the season of the new tea, do not miss the best tea of the year.

Sencha: has both Grassy aroma of young leaves and a rich flavor.

Gyokuro: is early buds harvested in the shaded tea farm. It has a sweet and mellow flavor.

Karigane: is the stems of tea plant. It tastes mild.

Gemmaicha: is the blend of dried tea leaves and roasted brown rice. It has a nutty fragrance.

Matcha Green Tea: is the purest form of tea. The whole tea leave is imbibed.

The way of Tea is one of the art forms in which we are connected to many facts of Japanese culture. I would like to briefly introduce the four principles.-----

*Harmony*: The Japanese has been having this virtue since ancient times. Peace can be realized when each person acts with delicate attention of harmony. The Japanese believe that it is the foundation of a healthy society. *Respect*; If you have the desire to receive respect, you must always consider to give it.

*Purity*; It is possible to attain a state of purity by simply removing impurities inside of yourself and not being obsessed with various superficial concerns.

*Tranquility:* To pass through the other three elements leads you to a tranquil state, which takes the expert a step closer to enlightenment.

These ideas are universal and show that the values of tea are timeless. It tells us the quintessence of Japanese spirit so clearly.



Venue: the Citizen Gallery (Chiyoda City Hall 1F)

Fees: admission free

(For participating in the workshops, please see the details below.)

# The 2022 International Cultural Exchange Event in Chiyoda

Get inspired by various beautiful cultures, which are not only showcased in the Exhibition Booths but also introduced through the performance and the workshops. Discover your favorite!!

We are immensely delighted that this International Cultural Exchanging Event will take place as a result of friendship between seventeen countries and Chiyoda City. Hope the visitors will have a deep understanding of the beautiful countries through experiencing arts, crafts (workshops) and various traditional music and dance performance. We also hope this event will lead to further interaction between the community and all of the co-holding countries.

#### CONTENTS

#### The Panel Exhibition

Day & Time: May 23 (Monday) Gallery Open at 1:00p.m. Close at 5:00p.m.

> May 24 (Tuesday) to 26(Thursday) Gallery Open at 9:00a.m. Close at 5:00p.m. May 27(Friday) Gallery Open at 9:00a.m. Close at 3:00p.m.

[Introducing the appeals of inspirational charms and irresistible spell of each country] Ireland/ United Kingdom/ Israel/ India/ the Republic of Tunisia/ the Republic of Paraguay/ the Democratic Republic of Timor-Leste/ the Kingdom of Belgium/ Portugal/ the Republic of South Africa/ the United Mexican States/ the Grand-Duchy of Luxembourg/ the People's Republic of Bangladesh/ Palestine/ Apostolic Nunciature/ Italia/ Spain \* Including a concurrent Photo Exhibition, "Mahatma Gandhi"

### The International Cultural Exchange Fair

Date & Time: May 28 (Saturday) Open at 10:00p.m. Close at 5:00p.m.

Workshops [Arts and crafts]

◆ Paraguay [Nanduti] traditional Paraguayan embroidered lace ◆ India [Henna] a flowery plant that can dye hair 'Let's try Nanduti and make an accessory' 2 hours/fee 1000yen

Time; 10:00AM-12:00/ 1:00PM-3:00PM

◆ Japan [Washi] Japanese Paper Making 'Let's make a Lantern, using colorful Washi' 10minutes/fee 1000yen 'Let's make a paper plate with Washi material' 10minutes/fee 700yen On a first-come first-served basis.

'Let's try the art of Henna'

Not necessary to make a reservation.

◆ Timor Leste [Tais] traditional woven fabric 'Let's try small handi craft made by Tais' 'Let's speak in Tetun language' Time; 10:20-11:45 / 12:30-13:15 / 14:45-15:30

Just come and enjoy the workshops. Not necessary to make a reservation.

PR Booths [Cultural Exhibition, Sales of folk arts and crafts, Sales of knick-knack, food and specialties]

Performance [Folk music concert, Ethnic Dance performance] →see P4: time table

Cooperated by: Embassy of Ireland/ India/ the Republic of Paraguay/ the Democratic Republic of Timor-Leste/ the Kingdom of Belgium/ Portugal/ the United Mexican States/ Instituto Cervantes

Tokio, Chiyoda City

Cooperated by: Hinode Washi (Japanese Paper Making +Art) / Foreign Students of Hosei University

# Miscellaneous

# International Exchanging Fair

Date: May 28 (Saturday)

Open at 10:00p.m. Close at 5:00p.m.

Venue: Chiyoda City Hall 1F

Fees: admission free

\*Please note that the content of the article in this issue may change depending on the status of Covid-19 infections.

Please check our web site before you visit.

#### [Time table] **PERFORMANCE on the STAGE**

10:00AM International Fair Opening Address

10:30AM ◆Spain: Flamenco Dance Performance

11:15AM • Japan: Traditional Instrumental Trio

12:00 ♦ Paraguay: Arpa Concert (harps)

12:30-1:30pm - intermission -

1:30 PM ◆Portugal: Fado Concert (Portuguese guitars and an acoustic guitar)

2:15 PM Mexico: Mexican Dance & Music

3:15 PM ◆Ireland: Traditional Music & Dance

4:00 PM ◆Timor-Leste: The TEBE Cultural Dance

At the same time in the same venue, you can join cultural workshops and enjoy cultural exhibitions & shops in the booths.

# One-Stop Inquiry Desk for the Ukrainians



For those who are the evacuees from Ukraine, who are fleeing the war in Ukraine by moving in Chiyoda City or who are Ukrainian residents of Chiyoda City, we have newly organized one-stop Inquiry Desk providing consulta

-tion service that allows them to live in Chiyoda City with peace of mind. The contents of inquiries must be varied, however, first let us know your problem. Then, we will contact the relevant organizations/coordinate with other institutions according to the content. In this way, we hope to provide various support in your days in Chiyoda City.

[Location] Chiyoda City Hall 6F International Peace Section

[E-mail] kokusaidanjo@city.chiyoda.lg.jp

[Opening Hours] Monday through Friday from 8:30 to 17:15

#### [Language] in Plain JAPANESE

Note: Bringing a simultaneous interpreter with you, is highly recommended if you do not understand Japanese language.

# Other helpful organizations

Tokyo Metropolitan Foundation "Tsunagari"
Consultation Service for Evacuees from Ukraine
[Language] in Ukrainian, English, Russian,

Phone: 03-6258-1227

https://tabunka.tokyo-tsunagari.or.jp/info/2022/03/post-86.html

Immigration Services Agency of Japan"FRESK"
Support Desk for Ukrainians residing in Japan
[Language] in Ukrainian, other 20 languages
Phone: 0120-76-2029 toll free

https://www.moj.go.jp/isa/support/fresc/ukraine\_support.html

#### Donations to Ukraine

If you wish to donate to Ukraine, please refer the links below.

· Embassy of Ukraine in Japan

https://www.mofa.go.jp/mofaj/erp/c\_see/ua/page4\_005527.html

- The Office of the UNHCR <a href="https://www.japanforunhcr.org/">https://www.japanforunhcr.org/</a>
- · Japanese Red Cross Society <a href="https://www.jrc.or.jp/contribute/help/ukraine/">https://www.jrc.or.jp/contribute/help/ukraine/</a>
- Japan Committee for UNICEF <a href="https://www2.unicef.or.jp/bof/bo.html">https://www2.unicef.or.jp/bof/bo.html</a>

## a bit of a culture

#### **★**KOINOBORI, carp shaped banners**★**

Japanese Children's Day is celebrated on May 5th. On this day, the Japanese raise "KOINOBORI", which is a set of streamers in the shape of carp in different colors and sizes. It is a symbol of a family. The idea came from Chinese folklore: such as a carp that can finish climbing up the rapids will become a dragon in the end. It means, gifted one is promised his good future. Especially boy's parents hope the purpose of "Children's Day" are to celebrate children's happiness and to respect their individual.



The carp shaped banners are swimming in the sky.